

PARKHOTEL  
**MONDSCH EIN**  
BOLZANO

## **A place for stylish living.**

### **Welcome to Parkhotel Mondschein**

In central Bolzano, the dreamy alpine capital, there's a historic property that invites you to leave the day-to-day behind, to listen to the sound of the mountains, and to dedicate your time to the sunny side of life. Reopened in May 2022 following an extensive renovation, Parkhotel Mondschein is the perfect place for a quick escape. And Bolzano, urban yet concise, is ideal for a change of scenery, whether for business or leisure.

In recent years, city trips have grown in popularity. With its nostalgic and authentic atmosphere, Mondschein manages to tap into the zeitgeist of today. But this hotel doesn't just apply mid-century accents to follow a certain trend; the entire hotel is bathed in the luminous warmth of the early sixties, reminiscent of cinematic moments from the golden age of Italian film. "In the redesign, beautiful materials, good quality, and intelligent design were top priorities. We wanted to create a place where people could come to rest and take time out. It doesn't take much to do that, but what's there needs to be top-notch," says Moritz Dissertori, Host at Parkhotel Mondschein.

### **A slice of history**

The striking building, which impresses already at first glance with its iconic, white shutters and elegant stucco decorations, is a listed property built in 1330 as Bolzano's first guest house. In 1890, the building expanded with additions in Belle Époque style, to give guests more room to relax. Both parts remain carefully preserved to this day, which is why the historic property, surrounded by a large park, is well-known across the city. Guests especially value the building's historic features – broad hallways, high ceilings, and stucco, even in the guest rooms – architectural treasures that today can only be found in well-preserved old buildings.

### **Interiors fit for a film**

In collaboration with Merano-based interior architects at Studio Biquadra, spearheaded by Christina Biasi-von Berg, the redesign of the 76 rooms focused on coherence, minimalism, and subtle elegance. Depending on the space, these themes are expressed to different degrees, from 15-square metre Petite or Single rooms to 45-square metre Suites. The colour palette takes after the property's history and location, bathrooms in soft green, grey, and brown tones to mirror the mountainous landscape and making them instantly comfortable and welcoming upon entering. Furnishings focus on clear lines and high-end dark wood, with comfy upholstered beds and classic white lampshades. While the original herringbone parquet flooring was preserved and refurbished, the bathrooms were completely redone. Here, too, less is more: elegant white tiles, frameless mirrors, and retro, silver fixtures seamlessly match the property's overall design.

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## Taking the time to recharge

Few activities have helped people around the world relax and find their centre as much as yoga. In the in-house studio for body and mind, arise, – a novelty in Bolzano – it's not only guests that can practice the millennia-old philosophy, as the studio is open to the public. Located in the ancient walls of Parkhotel Mondschein, the studio specialises in relaxing and regenerating body and soul.

Here, a range of yoga practices are introduced by international teachers. Run by Arianna Piazzi, a yoga teacher and health coach certified by the New York Institute for Integrative Nutrition (IIN), classes combine yang yoga flows with traditional Chinese medicine and spiritual yin practices like sound baths and cocoa ceremonies. Piazzi's goal is to take participants away from everyday stressors and to reconnect them with joy, inspiration, creativity, lightness and pleasure. In short, to slow down and tune in to the senses.

The arise retreats, offered by international teachers throughout the year, also address body, emotions, and mind to achieve holistic well-being. Whether beginner or advanced, everyone has a place here and can savour the time to unwind.

The studio also offers a variety of workshops that take place regularly. From Sound Healing, Cacao Ceremonies and Chakra to Lunar Gatherings and Ecstatic Dance. To discover yourself anew, or to escape the everyday.

Besides the body and mind studio there's also a fully equipped gym, giving guests the opportunity to maintain their workout routine while on vacation. The in-house sauna doesn't only promote relaxation but also works wonders for the skin. Is there anything better than soaking up the crisp mountain air of the Dolomites after a sauna session, and then sitting back with a good book in your room or at the bar?

## An urban oasis

The adjacent park is a true oasis in the heart of the city, shielding the hotel from the centre's lively buzz. The forest of old trees invites guests to spend time in nature and to truly unwind. During summer months, the newly built, 48m<sup>2</sup> swimming pool beckons for leisurely laps and poolside relaxation. With its dark green tiles, terracotta floor and elegant design conceived by Studio Biquadra, it seamlessly fuses with the hotel's stylish ambience. Meanwhile, the outdoor bar complete with a kiosk serves refreshing drinks, excellent snacks, homemade ice cream and classic Italian granita – perfect for Bolzano's hot summer days. And if the reading material runs dry, a first-class selection of newspapers and magazines is available at Monocle Kiosk.

The hotel also regularly hosts entertainment and cultural events, taking advantage of the park's wonderful atmosphere. Event series like DJ 'n' Drinks with live music from young talents, Wine & Nature showcasing the quality and variety of regional natural wine, Luna Concerts, Cinema Paradiso featuring popcorn and movie classics, and à Table, a series spotlighting chefs from around the world, are served up alongside artist talks, book presentations, and more. A programme made for culturally inclined guests and locals alike.

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## To your health!

The newly opened Luna Restaurant, directly adjacent to the hotel, is a culinary meeting place, combining Italian dining culture with modern elegance. Here, head chef Mathieu Domagala dazzles guests with authentic dishes made with fresh, regional ingredients, including specialties such as *vitello tonnato* or fillet of local beef. Hotel guests can experience the stylish ambience not only for lunch and dinner; they can also savour breakfast at Luna Restaurant. Featuring historical design elements and a coherent colour palette, a place for enjoyable moments has emerged. The new place-to-be in Bolzano – for visitors and locals alike, also available for exclusive hires for birthdays, weddings or company celebrations.

For small breakfast bites, the iconic Luna Bar offers freshly pressed orange juice, *cornetti*, and specialty coffees. For afternoon coffee or an evening aperitivo, too, the cosy-elegant bar is a popular hotspot.

## One with art

To align the artistic concept with the rest of the design, artists Irene Fernández Arcas and Karla Hiraldo Voleau were invited to spend a summer at the hotel as artists in residence and find inspiration. Today, their art permeates every space and serves as the basis for its artistic signature.

Regular artist stays expand the vision, adding fresh perspectives and creative impulses. Swiss artist Nicolas Polli, for example, was invited to stay at Parkhotel Mondschein as artist in residence in November. His work is known for taking a fresh look at everyday objects, which he often depicts in still-life-like photographs of fruit and vegetables. During his stay, he created a photographic series that combines everyday hotel objects with local produce, reflecting both the architecture and design of the hotel, and highlighting issues surrounding consumer standards and beauty ideals.

## At the heart of it all

The hotel, which kept its name even after its 2022 refurbishment, is located in the historic centre of the Alpine capital – an important hub for the German and Italian-speaking cultural and economic area. Accessible via one of the city's oldest arcades and surrounded by a large park, only a five-minute walk separates the urban oasis from Bolzano's train station, which can be easily and sustainably reached by international EuroCity trains. The hotel is also only 10 minutes by car from the airport.

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## Activities and environment

Parkhotel Mondschein has curated a city guide for its guests. Here is a little teaser:

### Museion

Piazza Piero Siena, 1

One of Bolzano's crown jewels inside and out: The renowned contemporary art museum sports an imposing architectural presence while hosting exhibitions that compete with the foremost institutions worldwide.

### TonHaus

Via della Roggia, 28

True works of art crafted in clay: thrown, moulded, pinched and pressed. Here, one-of-a-kind treasures take on all colours, sizes and forms. Christine has carefully curated a tasteful selection of handmade pieces. It is nearly impossible to leave the shop empty-handed.

### Mya Boutique

Via Dr. Streiter 20

Japanese silk gloves, virgin wool scarves, cotton socks, fine jewellery, baggy trousers, statement totes: Every piece at Mya Boutique is sourced and selected from the most refined artisanal brands worldwide, with particular regard to textiles and materials.

### Lido di Bolzano

Viale Trieste, 21

Indulge in some poolside relaxation, surrounded by Ettore Sottsass Senior's astonishing 1920s architecture. Here is where locals escape the summer heat, eat gelato and dive into the bright blue pools. The complex also offers a simple yet cosy sauna, a restaurant and a modern indoor pool. You're in for a lot of fun.

### Colle

After a pleasant cableway ride, feel free to explore Kohlern/Colle: Take a look at the view from the top of the wooden tower, savour a plate of *Kaiserschmarrn*, torn pancake, at the local guesthouse and fill your eyes with the unique beauty of Villa Bittner, which is also known by local kids as "the witch's house".

### Prati del Talvera, Talvera meadows

The place where locals enjoy the first rays of sunshine in spring and get a tan in summer, where skateboarders practise their kickflips and children play football, and where the wild, green mountains transport you to an untouched world.

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## Factsheet

### #the Parkhotel

60 rooms and 16 suites / Park with swimming pool / Kiosk / Library / Luna Restaurant & Luna Bar / Private Dining Room / arise Body & Mind Studio / Sauna & gym / Bicycle rental

Parkhotel Mondschein is a *Member of Design Hotels*. Dogs are welcome for an extra charge.

### #rooms & suites

Body care products by Susanne Kaufmann / air conditioning / safe / minibar / bathrobes / yoga mat / Wi-Fi

### #location

Parkhotel Mondschein is located in the center of Bolzano. Parking is available in the parking garage next door at an extra charge. Bolzano train station is a 5-minute walk away. Bolzano Airport can be reached in 10 minutes by car. Other airports are located in Innsbruck, Verona, Bergamo or Milan.

### #address

Via Piave 15  
39100 Bolzano  
South Tyrol / Italy

### #prices

The price for a double room starts at 240 euros per room/per night including breakfast. Prices vary depending on the booking period.

### #press contact

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